

#GEMonline

31st May – 11th June

Week commencing	Monday #skills	Tuesday #employability	Wednesday #wellbeing	Thursday #employability	Friday #social & #wellbeing
31 st May	Bank Holiday	<p>2pm: Mock interviews with Tony and Sue</p> <p>3pm: Cotswold Job Club with the GEM team</p>	<p>11am: Music and Song Singalong with GL Communities and friends</p> <p>12pm: Lunchtime stretch and train with Alex</p>	<p>10am: Gloucester Job Club with the GEM team</p>	<p>11.15am: Create Connections with the GEM team</p>
7 th June	<p>1:30pm: Yoga with Lisa *NEW TIME</p> <p>2pm: Mock interviews with Tony and Sue</p>	<p>11am: Cheltenham Job Club with the GEM team</p> <p>2pm: Mock interviews with Tony and Sue</p> <p>3pm: Cotswold Job Club with the GEM team</p>	<p>11am: Music and Song Singalong with GL Communities and friends</p> <p>11.15am: No Yoga this week</p>	<p>10am: Gloucester Job Club with the GEM team</p> <p>2pm: “So You Want to Work In” Series with sector specialists</p>	<p>11.15am: Create Connections with the GEM team</p> <p>12.30pm: Kickstart Employer Sessions</p>

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14th June – 25th June

Week commencing	Monday #skills	Tuesday #employability	Wednesday #wellbeing	Thursday #employability	Friday #social & #wellbeing
14 th June	<p>10:30am Confidence building for job seekers with Sarah</p> <p>1:30pm: Yoga with Lisa *NEW TIME</p> <p>2pm: Mock interviews with Tony and Sue</p>	<p>11am: Cheltenham Job Club with the GEM team</p> <p>1.30pm: Time out on Tuesday with Nabeela and Emily</p> <p>2pm: Mock interviews with Tony and Sue</p> <p>3pm: Cotswold Job Club with the GEM team</p>	<p>11am: Music and Song Singalong with GL Communities and friends</p> <p>11.15am: Chair Yoga with Lisa</p> <p>12pm: Lunchtime stretch and train with Alex</p>	<p>10am: Gloucester Job Club with the GEM team</p> <p>1.30pm Job Searching tips with Jason</p> <p>3pm Interview skills workshop with David, your Talent Solutions</p>	<p>11.15am: Create Connections with the GEM team</p> <p>12.30pm: Kickstart Employer Sessions</p>
21 st June	<p>1:30pm: Yoga with Lisa *NEW TIME</p> <p>2pm: Mock interviews with Tony and Sue</p>	<p>11am: Cheltenham Job Club with the GEM team</p> <p>2pm: Mock interviews with Tony and Sue</p> <p>3pm: Cotswold Job Club with the GEM team</p>	<p>11am: Music and Song Singalong with GL Communities and friends</p> <p>11.15am: Chair Yoga with Lisa</p>	<p>10am: Gloucester Job Club with the GEM team</p> <p>1.30pm: How to 'sell' yourself to interviewers with Tony</p>	<p>11.15am: Create Connections with the GEM team</p> <p>12.30pm: Kickstart Employer Sessions</p>

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28th June – 2nd July

Week commencing	Monday #skills	Tuesday #employability	Wednesday #wellbeing	Thursday #employability	Friday #social & #wellbeing
28 th June	<p>1:30pm: Yoga with Lisa *NEW TIME</p> <p>2pm: Mock interviews with Tony and Sue</p>	<p>11am: Cheltenham Job Club with the GEM team</p> <p>1.30pm: CV and cover letter workshop with Di</p> <p>2pm: Mock interviews with Tony and Sue</p> <p>3pm: Cotswold Job Club with the GEM team</p>	<p>11am: Music and Song Singalong with GL Communities and friends</p> <p>11.15am: Chair Yoga with Lisa</p> <p>12pm: Lunchtime stretch and train with Alex</p> <p>3.30pm: Walk in Nature with Sarah</p>	<p>10am: Gloucester Job Club with the GEM team</p>	<p>11.15am: Create Connections with the GEM team</p> <p>12.30pm: Kickstart Employer Sessions</p>